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Dr. Burke is the author of four books: Thin Thighs for Life, Great Skin for Life, Thin Thighs Diet and Workout, and Thin Thighs, all of which were published in [juntos en la cocina: 2nd edition.pdf](#)

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Dr. Karen Burke is a dermatologist and research scientist in the Department of Dermatology at Mt. Sinai Medical Center. Thin Thighs Diet and Workout,

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